

Contemplative Outreach, Oakland-East Bay

## Lenten Day of Centering Prayer Saturday, February 25, 2012

Christ The King - Ministry Center  
195 Brandon Rd., Pleasant Hill, CA  
10:00 a.m.- 3:00 p.m.

### The Paschal Mystery

Doors open at 9:30 a.m. Program starts at 10:00 a.m.

Integrating periods of Centering Prayer and  
Audio CD excerpts on Healing Our Violence - Through The Journey of Centering Prayer  
Fr. Thomas Keating, O.C.S.O. and Fr. Richard Rohr, O.F.M.

Bring a bag lunch. Snacks & beverages provided.  
Reservations are requested to help with planning.

Please r.s.v.p. - Jeanne Pletz  
(925) 837-6971

Suggested Donation - \$20.00  
No one turned away for lack of funds.

Christ The King is 199 Brandon Road  
Ministry Center is 195 Brandon Road

#### Directions

##### From Oakland:

Take Hwy 24, transition onto I-680  
North (Sacramento)  
Exit #49A/Contra Costa  
Blvd/Pleasant Hill  
onto Contra Costa Blvd  
Turn left onto Boyd Rd.  
Turn right onto Brandon Rd.

#### Directions

##### From I-680 North (Benicia/Martinez)

Take exit #49/Gregory Lane/Monument  
Blvd toward Gregory Lane. Continue on  
Gregory Ln.  
Turn left onto Brandon Rd

##### From I-680 South (Walnut Creek/San Ramon)

Exit #49A/Contra Costa Blvd/Pleasant  
Hill onto Contra Costa Blvd  
Turn left onto Boyd Rd.  
Turn right onto Brandon Rd.