

Retreat Staff

Fr. Carl Arico was ordained a Diocesan priest for the Archdiocese of Newark, New Jersey in 1960. He began his service in parish ministry and was a part-time high school teacher. This work expanded to include marriage and family ministry. For six years he was Director of Priest Personnel for the Archdiocese of Newark.

In 1987 Fr. Carl began full-time ministry in Contemplative Outreach. He has since become an international retreat director and workshop presenter.

He is the author of *A Taste of Silence—Centering Prayer* and *the Contemplative Journey*.

Marie Howard, Regional Representative for CA, AZ, NV and HI, has been practicing centering prayer since 1985 and is an experienced retreat staff person and workshop presenter.



Make checks payable to:

Contemplative Outreach of South Bay

Mail registration form with check to:

Contemplative Outreach

Marie Howard

7841 W. Manchester

Avenue

Playa Del Rey CA 90293

Sponsored by:
Pacific Coast/West Region of
Contemplative Outreach

Contact: Marie Howard
(310) 823-5863
Email:MRHfamlife@aol.com

Seven Day Intensive Centering Prayer Retreat

*Center for Spiritual
Development, Orange
CA*

April 23-29, 2010

*With Fr. Carl Arico and
Marie Howard*



The Intensive Retreat

Provides an opportunity to deepen the practice of Centering Prayer in an atmosphere of profound silence and community support. There are six 30-minute Centering Prayer periods daily. This prayer is supported with viewing of a selection of the Spiritual Journey video series by Fr. Thomas Keating. Private interviews with the staff can be scheduled.

Schedule:

Retreat begins at 7:30 pm Friday, April 23 and concludes at 2:00 pm Thursday, April 29.

Accommodations:

All rooms will be single occupancy for our retreat. Most rooms have a sink, medicine cabinet with mirror and nearby bathroom and showers. A limited number of single rooms with private bath available on first come first serve basis.

Cost includes 6 overnights and all meals:

Single with private bath: \$575.00

\$165.00 deposit due with registration.

Deadline for registration is March 23rd early registrations appreciated

Single with sink and common bath: \$535.00 **\$125.00 deposit due with registration.**

Remainder due: March 23rd.

All Deposits are non-refundable.



Center for Spiritual Development

The Center for Spiritual Development is operated by the Sisters of St. Joseph of Orange and is adjacent to their Motherhouse. The setting is quiet and conducive for our Contemplative Retreat. Located within 20 min. of the John Wayne/Orange CA Airport and easy access from freeways. Driving directions provided with registration confirmation. **Visit <http://www.thecsd.org/>**

Registration Form 7 Day Intensive Retreat

Name _____

Address _____

City _____

State _____ Zip _____

E-mail _____

(Please Print)

Phone _____

Work Phone _____

Date: _____

Please indicate any special dietary or
Physical needs:

Enclosed: (circle your choice)

_____ my \$165 or \$125
non-refundable deposit

_____ my \$575 or \$535
retreat full payment