



CONTEMPLATIVE OUTREACH

SILENCE
SOLITUDE
SERVICE

May 2010

Dear Friends,

Registration is now open for our Annual Conference, September 23-26, 2010, at the Sheraton Gateway Airport Hotel in Atlanta, Georgia.

The theme for our Conference is *Awakening to the Contemplative Dimension of Life*. Our Day of Enrichment will feature presentations by Fr. Thomas Keating, OCSO, via modern technology, as well as live presentations with enriching and informative topics related to our theme.

This year we are again offering three option plans:

Option 1 - The full conference, from Thursday afternoon to Sunday noon. There will be Centering Prayer twice daily, presentations/workshops on topics related to the theme, regional meetings, informational tables, time for networking, and updating on the recent changes for our move to a Circle of Service contemplative form of governance. A conference orientation followed by a reception with hospitality will open the conference on Thursday at 3:00 p.m.

Option 2 - The Day of Enrichment and Banquet. The day includes Centering Prayer, presentations by Fr. Thomas (via video), David Frenette, plus four additional spiritual enrichment presenters, each offered twice. The evening banquet will include a program.

Option 3 - The Day of Enrichment (without Banquet). See above for content of the day.

Sunday morning will include communicating the Circle of Service, a new contemplative service/governing for Contemplative Outreach. A presentation and sending forth blessing by Fr. Thomas will conclude the conference by noon.

There is free shuttle service from the airport to the hotel and there is a special parking rate of \$4.00 per day for hotel parking. You may want to consider car pooling.

We encourage you to register online at www.contemplativeoutreach.org/2010conference. Please visit our website for hotel registration information and driving directions. Attached to this mailing are the following documents to assist you with your planning:

- Schedule for the Conference (more details regarding the content will be available on our website)
- The three possible options with conference fees
- Hotel information

If you have any questions please contact the Contemplative Outreach Resource Center at 973-838-3384 or email: Olsiana@coutreach.org. We hope you can be with us for a very special conference and look forward to seeing you in Atlanta!

Marie Howard,

Conference Coordinator, on behalf of the Conference Committee and our Atlanta hosts



ANNUAL CONFERENCE and DAY OF ENRICHMENT Awakening to the Contemplative Dimension of Life

Thursday afternoon, September 23 – Sunday noon, September 26, 2010
Atlanta, Georgia

Thursday, September 23, 2010

- 2:00 Conference Registration Opens
- 3:00 Orientation to the Conference
- 4:00 Reception
- 5:00 Centering Prayer
- 6:00 Dinner
- 7:30 **Opening Session**

Friday, September 24, 2010

- 6:30 Optional body movement
- 7:15 Centering Prayer
- 8:00 Breakfast
- 8:30 Conference Registration Continues
- 9:00 **General Session:** “Revisions for Formation for Contemplative Service”
Break
- 10:30 **Regional Meetings**
- 12:00 Lunch with networking
- 2:00 Workshops: (1 hr, 30 min) (4 choices)
Break
- 4:00 Workshops: (1 hr. 30 min) (4 choices)
- 5:45 Centering Prayer
- 6:15 Dinner
- 7:30 **Evening session**

Saturday, September 25, 2010 - Day of Enrichment

- 6:30 Optional body movement
- 7:15 Centering Prayer
- 8:00 Breakfast
- 9:30 **Day of Enrichment Begins: General Session** – Welcome: Atlanta Host; Centering Prayer with day attendees
- 10:00 Presentation: Fr. Thomas Keating: New Video
Break
- 11:15 Presentation: David Frenette
- 12:00 Lunch (provided with registration fee)
- 1:30 Presentations for Spiritual Enrichment (4 breakouts)
- 2:45 Break
- 3:00 Presentations for Spiritual Enrichment (4 breakouts)
- 4:30 Summary of Day
- 5:15 Centering Prayer
- 6:00 Cash Bar/Reception
- 6:30 Banquet with Program (optional for day attendees; not included in day fee)

Sunday, September 26, 2010

- 7:00 Centering Prayer and Lectio Divina or Optional Roman Catholic Liturgy
- 8:00 Breakfast
- 9:00 **General Session:** “Awakening to the new Generation of Contemplative Service”
- 10:30 Final presentation
- 11:15 Closing and Final Blessing from Fr. Thomas Keating
- Departure at Noon**



Contemplative Outreach 2010 Annual Conference Awakening to the Contemplative Dimension of Life

Thursday afternoon, September 23 – Sunday noon, September 26, 2010
Sheraton Gateway Airport Hotel – Atlanta, Georgia

Section I - Contact Information

Name (print): _____

Street: _____

City: _____ State: _____ Zip: _____ Country: _____

Phone#: _____ E-mail: _____

Section II: Registration Options

(Please select from the following options)

___ Option A: *Entire Annual Conference & Day of Enrichment (All meals included with this option)*
May 19 – August 10: \$425.00 / AFTER AUGUST 10: \$450.00

___ Option B: *Day of Enrichment with Banquet (Lunch & Banquet included)*
May 19 – August 10: \$125.00 / AFTER AUGUST 10: \$135.00

___ Option C: *Day of Enrichment Only (without Banquet; Lunch included)*
May 19 – August 10: \$75.00 / AFTER AUGUST 10: \$85.00

Section III - Payment Information

Credit Card: _____ American Express / MasterCard / Visa
_____ - _____ - _____

Exp. Date: ____ / ____ V-Code: _____ Signature: _____
(as shown on credit card)

___ Check or Money Order enclosed *(Made payable to: Contemplative Outreach, Ltd.)*

Section IV - Additional Information

Can Contemplative Outreach, Ltd. have permission to publish your contact information on a listing of conference attendees to be made available to conference participants? YES____ NO____

Please indicate if you prefer vegetarian meals: YES____ NO____

PLEASE RETURN FORM AND DEPOSIT IN THE ENCLOSED ENVELOPE BEFORE SEPTEMBER 15, 2010 TO:

Contemplative Outreach, Ltd., 10 Park Place, 2nd Floor Suite B, Butler, NJ 07405
Questions? Please contact Olsiana at (973) 838-3384 or Olsiana@coutreach.org



Hotel Information

Full Conference Dates: September 23 – 26, 2010 (Thursday through Saturday night stay)

Day of Enrichment Date: September 25

Room Rates: \$89.00/night (single, double, triple, or quadruple occupancy)

For reservations:

- ∅ Please visit the following link to register online for your hotel room:
<http://www.starwoodmeeting.com/StarGroupsWeb/res?id=0910281407&key=C85B>

- ∅ Reservations at the Group Rate are available 3 days prior and after the conference, depending on room availability. If you would like to make use of this offer, please call the Sheraton Gateway Airport Hotel directly at ph# 1-800-325-3535 and register over the phone. Identify *Contemplative Outreach Annual Conference* when booking reservations to receive these special rates when registering over the phone.

To ensure room availability and group rate, please make your hotel reservation as early as possible, prior to September 2, 2010. Rooms will be held with a guarantee of one's night's stay on a major credit card or advanced deposit. Check-in time is 3:00 p.m. Eastern Time and check out time is 12:00 noon Eastern Time. Cancellations must be received by 6:00 p.m. the day of the arrival or credit card will be charged one night's stay.

Confirmation # _____

(Keep this information for your records)

Free Shuttle Service will be available from the Atlanta Airport. Follow the signs in the baggage claim area for airport shuttle buses. The Sheraton Gateway/Westin shuttle will be located in aisles 21 – 24. The shuttle runs every 15 minutes.

Parking is available on the hotel grounds for a daily fee of \$4.00.



Sheraton Gateway Hotel Atlanta Airport

1900 Sullivan Road
Atlanta, GA 30337
ph# 1-800-325-3535

Directions to the Sheraton Gateway Hotel, Atlanta Airport

From North

Take Interstate 85 South to Exit 71 (Riverdale Road). Turn left onto Riverdale Road and at the second light turn right onto Airport Boulevard. Go to the stop sign and turn right onto Sullivan Road. The hotel is on the left.

From South

Take Interstate 85 North to Exit 71 (Riverdale Road). Turn right onto Riverdale Road and at the first light turn right onto Airport Boulevard. Go to the stop sign and turn right onto Sullivan Road. The hotel is on the left.

From East

Take Interstate 20 West to Interstate 85 South and then proceed to Exit 71 (Riverdale Road). Turn left off the ramp and continue to the second light. Turn right onto Airport Boulevard and at the stop sign turn right onto Sullivan Road. The hotel is on the left.

From West

Take Interstate 20 East to Interstate 285 South. Proceed to Interstate 85 North and then continue on Interstate 85 North until you come to Exit 71 (Riverdale Road). Turn right onto Riverdale Road, go to the first light and turn right onto Airport Boulevard. Go to the stop sign and turn right on Sullivan Road. The hotel is on the left.

Additional Directions from the Sheraton Gateway...

Southlake Mall

From the parking lot turn right onto Sullivan Road. At first traffic light - turn right on to Riverdale Road. At 2nd traffic light follow signs for I-285 east. Take 1-285 east to I-75 South. Take the GA 54 exit #233 towards Morrow, Jonesboro. Keep right at the fork in the ramp. Merge onto GA 54/Jonesboro Rd. Turn right onto Morrow Industrial Blv. Turn right onto Lake Drive. Turn left onto Southlake Circle.

Lenox Mall

From the parking lot take a left onto Sullivan Road. Go to the 3-way stop. Take a right onto Best Road. Go to the second road on the left (this is Best Loop Road), turn left then turn right at the stop sign onto Riverdale Road. Go over the bridge and turn left to I-85 north. Proceed on I-85 north through Atlanta and yield to the right on GA 400. Take the 1st exit off GA 400, Lenox Rd. Turn right, and take a left at the 1st light into Lenox Mall.

Turner field

From the parking lot, take a left onto Sullivan Road. Go to the 3-way stop. Take a right onto Best Road. Go to the second road on the left (this is Best Loop Road), turn left, then turn right at the stop sign onto Riverdale Road. Go over the bridge and turn left to I-85 north. Follow I-85 north to exit #245 towards GA Ave/Capitol Ave/Stadium. Turn left onto Pollard Blvd. SW. Turn right onto Little Street. Turn left onto Capitol Ave SE/Hank Aaron Drive.

Underground Atlanta/Georgia State Capitol

From the front parking lot take a left onto Sullivan Road. Go to the 3-way stop. Take a right onto Best Road. Go to the second road on the left (this is Best Loop Road) and turn right at the stop sign onto Riverdale Road. Go over the bridge and turn left to I-85N. Follow I-85N to Fulton Street, exit 246. While on the exit, yield to the left on Central Avenue. Follow Central Avenue to Martin Luther King Drive. Turn left onto Martin Luther King Drive. Parking for Underground will be on the right.

Stone Mountain Park

From the parking lot turn right onto Sullivan Road. At first traffic light - turn right on to Riverdale Road. At 2nd traffic light follow signs for I-285 east. Take I-285 east. Take the GA-10/Memorial Drive exit #41 towards Avondale Estates. Keep right & merge onto Memorial Drive. Turn left onto W. Mountain Street; turn right on VFW Drive. Turn left onto Mimosa Drive.



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